

Fall 2015

### **COMMUNITY CONNECTIONS**

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# Quincy Police Drug Control Unit Programs Save Lives

he Quincy Police Drug Control Unit Naloxone program has saved hundreds of people from heroin overdoses and has become a nation-wide model for police departments across the country. The department was recognized by the White House for its leadership in the fight against the growing opioid drug epidemic.

In recent months, the officers of the Drug Control Unit have made comprehensive drug busts resulting in getting drug dealers, narcotics and weapons off the streets of the South Shore and saving lives in the process.

"It restores peace in the neighborhood — people see the results and know they will not have this activity in their neighborhood," said Lieutenant Detective Patrick Glynn, who is in command of The Drug Control Unit.

#### Quincy Police Seize Drugs; Make Arrests

On June 25, Quincy police seized 350 grams of heroin with a street value of \$150,000 and arrested four people in a joint operation with assistance from Braintree Police



 $\label{policy density of the policy density} Police\ seized\ drugs,\ firearms\ and\ cash\ in\ a\ Quincy\ drug\ bust\ this\ June.$ 

Department, Randolph Police Department, Weymouth Police Department, Brockton Police Department, and Massachusetts State Police Gang Unit of Brockton in a maneuver aimed at dismantling a heroin delivery system.

Quincy Police Drug Control Unit executed five search warrants, including three warrants for homes in Brockton, Randolph, and Quincy. They seized 350 grams (approximately 12

ounces) of heroin; \$25,000 in cash; and three vehicles, a Mercedes-Benz, a Honda

Police made four arrests of individuals from Plymouth, Chelsea, Dorchester and Quincy. Three people face charges on trafficking more than 200 grams of heroin, a twelve-year

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Keohane FUNERAL HOME Quincy, MA

Accord, and an Infiniti.

McDonald Keohane FUNERAL HOME Weymouth, MA

#### Pyne Keohane FUNERAL HOME Hingham, MA



# GENTLY USED COATS NEEDED TO PROVIDE WARMTH THIS WINTER:

#### Donations Gratefully Accepted Through October at All Keohane Locations

Most of us take for granted the ability to slip on a warm coat when the winds are howling and the temperatures drop, but others on the South Shore are not so lucky. Please take a look through your closets and consider donating gently used fall and winter coats to any of our Keohane locations now through the end of October.

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# WHIPPLE SENIOR CENTER OFFERS EXCITING PROGRAMS

Weymouth Elder Services is an agency that advocates for seniors and provides social, educational, transportation, recreational and supportive programs for all seniors sixty and over. The heart and home of the agency is the Whipple Senior Center located at 182 Green Street in Weymouth.

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### Quincy Police Department Launches New Website and Smartphone App

The updated Quincy Police Department website, quincypolice.org, went live a few months ago and provides various ways for residents to connect and communicate with the department. The website gives a history of the department, provides important updates, and allows access to online forms and contact information for the police department. Most importantly, it provides opportunities to leave anonymous tips about drug related activity or any other type of crime through online forms, email, and a hot line.

If you have a drug or crime tip for the Quincy Police Department, you can call the hotline at 617-328-4527 or use the online form. You can also send an email to anontips@quincyma.gov.

#### Quincy Police Smartphone App

In an effort to increase the department's accessibility and communication, Quincy Police have also released a smartphone application that connects users directly to the Police Department from their iPhone, iPad or Android smartphone.

The MyPD app works like a miniwebsite and includes features for checking on the latest department news, including Twitter updates and Facebook posts. It can also be used for sharing feedback and questions, sending crime tips, finding directions to the department, and commending a police officer. Users can also choose to get alerts directly to their device.

The application can be found in the iPhone App Store or Android Market by searching for "MyPD" or "My Police Department" or by clicking on the link: mypdapp.com

To stay connected, follow the Quincy Police Department on Twitter @ quincymapolice or on Facebook.

#### Quincy Police Drug Control Unit Programs Save Lives

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felony, and conspiracy to violate drug laws while one person is charged with conspiracy to violate drug laws only.

"It brought back peace to a neighborhood and that's what we like about it," said Lieutenant Detective Glynn. "We dismantled that operation. We hit them with their product, their profits and their vehicles."

This was an ongoing investigation for the past few months into a heroin delivery system operating in Quincy, Braintree, Randolph, and Brockton in which customers would call certain telephone numbers and heroin would be delivered to them in bulk for individual sales. The dismantling of this operation and seizure of a significant quantity of heroin, cash, and vehicles was a result of the collaborative work of all the agencies involved.

Quincy police received hundreds of comments on their Facebook page including this one from Meaghan Shaughnessy Gavell on June 26: Not only did they get drug dealers off the street; they definitely saved lives by getting that heroin off the streets too! Great job!

Police seized drugs, firearms and cash in a Quincy drug bust this June.

On Monday, June 29, at about 5:30 p.m., members of the Quincy Police Drug Control Unit executed search warrants in the Houghs Neck section of the city. During the execution of the search warrants, detectives made one arrest and recovered two firearms, seven grams of heroin, ninety-five grams of cocaine, marijuana, and cash.

The arrest and seizures were the result of a month long investigation into the sale of heroin in Quincy. Twenty-four year-old Jonathan Rosario of Quincy faces several charges including trafficking in cocaine; possession with intent to distribute heroin and marijuana; possession of ammunition; possession of a firearm with a defaced serial number; among other charges. Rosario was arraigned in Quincy District Court.

# White House Recognizes Quincy Detective

The Office of National Drug Control Policy (ONDCP), a component of the Executive Office of the President, recognizes individuals who are doing extraordinary things to improve the health and safety of their communities through the Advocates for Action awards. In 2013, Lieutenant Detective Glynn was recognized for "working to save lives and bridge the divide between law enforcement and public health" through his leadership of the Quincy Naloxone program. Naloxone, or Narcan, is a medication used to reverse the effects of opioids such as heroin, especially in overdose.

The ONDCP website pays tribute to Glynn:

Lt. Det. Glynn directs the Quincy naloxone program, which is credited with saving over 100 lives from overdose — giving individuals a second chance to change their lives for the better. Lt. Det. Glynn is a staunch advocate for wider adoption of the program after all Quincy officers were trained in 2010 to use naloxone to reverse opioid overdoses. Lt. Det. Glynn represents how law enforcement and public health can partner to disrupt the cycle of drug use, crime, and recidivism.

However, Glynn credits all the officers in his department with the success of the program and wants to keep the focus on the department. "I want to recognize every police officer, every man and woman in the department because we're all a team," said Glynn. "I might be the director of the Narcan program, but no program is successful without the assistance of everyone."





## GENTLY USED COATS NEEDED TO PROVIDE WARMTH THIS WINTER: Donations Gratefully Accepted Through October at All Keohane Locations

Most of us take for granted the ability to slip on a warm coat when the winds are howling and the temperatures drop, but others on the South Shore are not so lucky. Please

take a look through your clos ets and consider donating gently used fall and winter coats to any of our Keohane locations now through the end of October.

The coats will be distributed to those in need through the Wellspring Multi-Service Center in Hull, Interfaith Social Services in Quincy, and Weymouth Youth and Family Services in Weymouth.

"Many of us have gently worn coats in our closets that can be better utilized by those less fortunate than ourselves. Each year we are amazed by the generosity of those in our community who help us make our Coat Collection such a huge success," said Co-President John Keohane.

This is Keohane's fourth annual coat drive. The effort began in 2012 when Keohane exceeded their initial goal of collecting 250 coats. Due to the incredible success of the event, Keohane instituted an annual drive.

the severe wind had last year," added John, "but whatever the weather, we are confident that the recipients of these denated coats and iackets will be thankful for the warmth of a coat when it is needed

> Please bring your donations to any Keohane location convenient to you:

the most."

Keohane Funeral Home at 785 Hancock Street in Quincy.

McDonald Keohane Funeral Home at 809 Main Street in South Weymouth; 3 Charles Street in East Weymouth; or 40 Sea Street in North Weymouth.

Pyne Keohane Funeral Home at 21 Emerald Street in Hingham.

It's a great opportunity to clean out your closet and help others in need at the same time!

#### **Quincy Police Drug Control Unit Programs Save Lives**

Continued from page 2.

#### **Quincy Program Sets** Standard

The Qunicy Naloxone program was a result of a partnership with the Department of Public Health, Baystate Community services and family members who were outraged that the epidemic of overdoses was running

rampant. Prior to 2012, however, law prohibited officers from carry the opiate antidote.

"There is an epidemic of heroin abuse, there's no doubt about it. We have a large number of overdoses and a large number of deaths. We were the first department to use Narcan or Naloxone which is the antidote for an opiate overdose. Every officer is trained and carries Naloxone. We were the first ones in the country to train every officer and put it out on the street," said Glynn.

At the beginning of the program state law prohibited first responders and police officers to carry Naloxone. With the help of the District Attorney's office and the Department of Public Health, Quincy police were able to amend the Good Samaritan Law in 2012 allowing all police officers to carry Naloxone. Now police departments across the country are following Quincy's lead.

# Whipple Senior Center Offers Exciting Programs

eymouth Elder Services is an agency that advocates for seniors and provides social, educational, transportation, recreational and supportive programs for all seniors sixty and over. The heart and home of the agency is the Whipple Senior Center located at 182 Green Street in Weymouth.

"There are no dues at the center, so people are invited to just come and join us," said former director Susan Barnes.

The Whipple Senior Center serves over 3500 seniors a year and offers many programs, workshops, classes, trips, transportation, and professional services. Some of the most popular classes include "Muscles in Motion," an exercise class for aerobics and strengthening offered Monday, Wednesday and Friday at 10 a.m.; line dancing on Wednesdays at 11:15 a.m.; and Tai Chi on Tuesdays at 1:30 p.m. Bingo is another popular program which draws over 100 participants on Thursdays at noon.



Pauline Olick celebrated her 104th birthday at the Whipple Senior Center.

Registration to programs is first offered to seniors over sixty who are residents of the Town of Weymouth and non-resident volunteers. If additional space is available, non-residents are welcome to participate. Transportation and Outreach Services are solely offered to residents of the Town of Weymouth.

#### Wide Range of Services

The Whipple Senior Center provides a variety of services for seniors including handy man services; outreach programs; nutrition programs;

health programs; transportation; exercise classes; and medical equipment loans. A few key services include:

• Transportation: The Department of Elder Services offers a variety of transportation services. Transportation is provided by van to medical appointments within Weymouth,

surrounding towns, and Boston medical facilities. Wheel chair transport is available. Transportation for shopping to the market and the mall is also provided. Donations are appreciated. Call the Transportation Administrator at 781-331-3921 to schedule an appointment.

- South Shore Hospital Courtesy Coach: The Courtesy Coach provides transportation to patients who need a ride to an appointment at South Shore Hospital or to a program or service directly affiliated with South Shore Hospital. The Coach does not transport patients to physicians' offices. Two weeks notice is required. For more information, please contact South Shore Hospital Courtesy Coach at 781-624-4350.
- Meals: Lunches are served Monday through Thursday at 12:00 noon at the Whipple Senior Center. Call 339-499-6419 by 10:00 a.m. the day before you wish to come in. Suggested donation \$2.25.
- Meals On Wheels: South Shore Elder Services delivers a main meal to homebound persons 60 years of age or older who are unable to prepare meals. The suggested donation is \$2.25 per meal. If interested in Meals on Wheels, call 781-848-3910.

• SHINE (Serving Health Information Needs of Elders): Medicare and health insurance options counseling. Call 781-682-6140 for an appointment.

#### Volunteers Make it Possible

Volunteers for Weymouth Elder Services help keep the Whipple Senior Center running. There are 185 volunteers who give their time as receptionists, landscapers, or visitors to seniors in their homes. Many of the volunteers are



Seniors enjoy fun outings through special programs at the Whipple Senior Center.

seniors themselves, but you don't have to be a senior to volunteer and get involved at the Whipple Center.

"There are plenty of volunteer opportunities for seniors to come and get involved and join groups or lead groups — help in the kitchen, volunteer driving, receptionist duties. We have wonderful volunteers. It's twofold; they get out and they do productive things to help make all these programs flourish," said Barnes.

If you would like to give your time to make a positive impact on the life of an elder in Weymouth, please call Chris Quinn Coordinator of Volunteers at 781-682-3814.

#### New Leader at the Helm

After fourteen years, the veteran Director of Elder Services, Susan Barnes, recently retired. As of July 1, the new director, Karen Johnston came on board. Karen comes to the helm with a vast amount of Human Services experience and loves working with seniors. Karen is excited to preserve the welcoming and friendly atmosphere at the Whipple center while reaching out to find opportunities for growth. If you're 60+, stop by and say hello to the new director.

# OUR TEAM Amanda Fidalgo

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Amanda Fidalgo, a Certified Funeral Celebrant, is the epitome of a new generation of funeral directors.

Amanda's youth keeps her in touch with innovative trends in the industry and her mission is to personalize funeral services for each and every one of her families.

"Amanda is an excellent listener. She loves to hear people's life stories and helps make recommendations that celebrate the uniqueness of the person," said Co-president Dennis Keohane.

In 2012 Amanda completed a certification process to become a Certified Funeral Celebrant which trained her how to best tell a person's life story through a non-religious service.

"Keohane sent me to the certification program to become a Life Celebrant and that was something that I loved," said Amanda. "That has carried over to the way that I direct. It's definitely not traditional. I do think we are going to see more and more of it as people want more customization."

As a Life Celebrant, Amanda can lead a non-religious service herself, if not acting as the funeral director for that family, or provide direction to any officiant who leads a religious or nonreligious service for the deceased.

"Everything I learned in becoming a Life Celebrant has made me a much better director," said Amanda. "My favorite part of being a funeral director is finding ways to personalize it so that it's nothing like the funeral I did the day before. I enjoy planning unique ways to make it really special for the family."

When Amanda meets with families, she gathers much more than just the vital statistics for a death certificate. She often asks for special memories about the deceased and listens carefully for clues to uniquely honor their loved one, such as displaying an artist's paintings or other personal memorabilia.

"If a person casually mentions that their grandmother loved a particular candy, we will make sure that when the family comes for visiting hours there will be bowls of that particular candy everywhere," said Amanda as an example of how she personalizes a service.

Amanda also likes to get other family members involved in the service in ways other than presenting a eulogy, such as a candle lighting ceremony or reciting a poem.

"Keohane has a great sound system so we do a lot of music. If there is a favorite song or a wedding song that we can play before we leave the church, that's another way to personalize it," said Amanda.



Amanda Fidalgo is part of a new generation of funeral directors who personalize the funeral experience for families.

Amanda has been at Keohane Funeral Home for eleven years. She started at Keohane during her apprenticeship while in college and following graduation. When she became licensed she continued at Keohane. She worked at the Quincy branch for the first seven years and has been in Weymouth for the past four years. Keohane has become like a second family for Amanda after working with the same team of people for so many years.

"Since day one, Amanda has had a drive to continually improve. She is never satisfied and always looking to get better. She has truly become a leader," said Dennis.

Amanda explored becoming a funeral director while still in high school. When Amanda participated in a job shadowing program, she chose a funeral home position and enjoyed it. She wrote a career research paper on

the same theme during her junior year in high school and decided to pursue an undergraduate degree in funeral service at Mt. Ida College.

Amanda grew up in Brockton and her husband, John, grew up in Quincy. While she was an apprentice at the Keohane Funeral Home in Quincy, a co-worker and fellow apprentice introduced to her future husband. The same co-worker is now her office manager in Weymouth. Amanda and John have two daughters, Alanna, four, and Sadie, one. They live in West Bridgewater, halfway between Amanda's job at Keohane in Weymouth and John's job as a teacher at Brockton High School.

Amanda's duties vary day to day as each office is a small team where everyone pitches in. In a typical day, she often has a funeral in the morning that she directs. Following the morning service, she might have an appointment for an initial meeting with a new family to design their service, including visiting hours, service, burial, and so on. Then in the evening, Amanda sets up the flowers and gets the room ready for visiting hours. Amanda is solely responsible for each of the families she serves, and she is in constant contact with them every day. She accompanies each of her families each step of the way from visiting hours to the service and then to the cemetery.

Amanda likes helping people and feels close to the families that she works with. "It's rewarding knowing that we're helping them through one of the most difficult experiences in their lives and doing something for them that they can't do for themselves," said Amanda. "There's definitely a lot of bonding. By the time the funeral is over, which is only a matter of days that I've known these families, we've gotten very attached and usually hugging good bye."

As a young funeral director, Amanda is excited about how open Keohane is to positive changes and looks forward to growing with the company. "Keohane shares the same forward thinking as I do," said Amanda. "They're always keeping up with the times and keeping very current. They are a funeral home that is going to change when change is needed. They're never going to become outdated and nothing is ever cookie-cutter."

## Harvest Helpers Needs Backyard Gardeners to Donate Their Fresh Produce to Help Feed the Hungry

ach summer Keohane teams up with Interfaith Social Services and the Weymouth Food Pantry for the Harvest Helpers program. The three agencies plant gardens, raise vegetables, donate the produce to food pantry clients, and encourage backyard gardeners in the community to do the same. Anyone can be a Harvest Helper!

The gardens at Keohane's Quincy and South Weymouth locations are growing quickly. The tomatoes are starting to redden, and Keohane has already delivered peppers to both Interfaith's food pantry and the Weymouth Food Pantry. Keohane expects to harvest bushels of assorted vegetables as the growing season progresses to be donated to the clients at the local food pantries.

"Harvest Helpers is a great way to give back to the community in a unique, meaningful and natural way. When we visit the food pantries with donations, we see how much of a difference the program makes," said Joseph Reardon, Vice President for Community Development and Advance Planning at Keohane. "I never thought such a simple idea could have such an impact."

#### **Donations are Growing**

Whether harvested from the agencies' own gardens, grown by food pantry clients or donated by community gardeners, fresh produce is beginning to be distributed to the families at Interfaith Social Services in Quincy and the Weymouth Food Pantry in Weymouth.

"The garden at Interfaith is doing great! We have so far harvested green beans and given them out to clients. We have an abundance of tomatoes, cucumbers and green peppers still growing. The tomatoes will be the first to be ready to go out to clients within the next



John Keohane presented a check for \$150 from the July Facebook fundraiser to Executive Director Rick Doane to benefit the food pantry at Interfaith Social Services.

week or so," said Executive Director of Interfaith Social Services Rick Doane.

The Weymouth Food Pantry has been changing locations this summer and does not have a garden of its own, but their clients have been thrilled with the seedlings donated by Keohane last May. Director Cas Casados said, "The vast majority of the seedlings were taken home by our clients who chose to grow their own food in pots and yards. Tomatoes were a favorite for families."

#### You Can Help

Even if you didn't join the Harvest Helpers program from the beginning, you can donate surplus produce from your backyard or buy extra produce at the supermarket.

"We love giving out fresh vegetables to our clients and they love getting them," said Doane.

Donations of fresh produce for the Weymouth Food Pantry are accepted at the Monsignor Hackett Center gymnasium, which is located on the Immaculate Conception Parish campus at 1189 Commercial Street in East Weymouth, between 8:30am and 11:30am Tuesday and Thursday mornings.

Donations from your garden for Interfaith Social Services can be dropped off at 105 Adams Street in Quincy from 8:30 a.m. to 3:30 p.m. Monday through Friday and until 7:00 p.m. on Tuesdays.

Tomatoes ripening on the vine in the Harvest Helpers garden at Interfaith Social Services.

Interfaith is still looking for volunteers to help them harvest their bounty. "It is the worst thing when vegetables go bad on the vine!" said Doane.

You can also make a donation to support the Harvest Helpers Food Program online.

To volunteer or get more information contact Rick Doane at 617-773-6203 or rdoane@ interfaithsocialservices.org; Joe Reardon at 617-773-3551 or joe@keohane.com; or Cas Casados at 781-331-7682 or cas@weymouthfoodpantry.org.

#### Food Pantry Fundraiser

Keohane was delighted to sponsor a Facebook fundraising campaign to benefit the local food pantries this summer: For every new "like" on their Facebook page, Keohane Funeral Home donated \$1 to Interfaith's Food Pantry for the month of July and to the Weymouth food pantry for the month of August.

Thank you to everyone who "liked" Keohane's Facebook page during the summer fundraising campaign, raising hundreds of dollars for local food pantries.



# Edward Keohane Receives 2015 Richard J. Koch Youth Service Award

ixty-four years ago, Edward Keohane was one of the children to march in the first Quincy Flag Day parade, founded by the late Richard J. Koch. This year, Ed became the 2015 recipient of the Richard J. Koch Youth Service Award, which is given to a Quincy resident who has contributed to programs for youth.

"Eddie's involvement over the years has touched a lot of different areas of the city," said Quincy Mayor Thomas Koch. "Ed and Keohane Funeral Homes have sponsored youth teams year in and year out, whether it was soccer or baseball or hockey — he's done them all. That helps provide opportunities for kids."

Mayor Koch nominated Ed Keohane for the award and the Flag Day Committee fully agreed with the choice.

"The Flag Day parade and celebration has become a signature event for our city and reminds us of what a special place Quincy is to live, work and play," said Ed. "I am truly honored to receive an award that celebrates the legacy of Dick Koch, someone who did so much for our city without fanfare."

During a ceremony June 13 at Pageant Field following this year's Flag Day Parade, Ed was awarded the Richard J. Koch Youth Service Award by Mayor Koch, son of the late Richard J. Koch, who was founder of both the Quincy Flag Day parade and the Koch Club for Kids.

Because the mayor's parents were friends with Ed's parents, Mayor Koch asked his mother to make the actual presentation as she has known Ed since he was a little boy.

"It was very meaningful. The connection is there," said Mayor Koch of the award ceremony. "I've had a relationship with Eddie over the years. Cornelius [Ed's



Onlookers enjoy the fireworks at the 64th Annual Flag Day celebration in June at Pageant Field in Quincy.

father] was helpful to my father with the Koch Club in the early years. And Eddie has been very supportive of my father's endeavors with the Koch Club, the youth programs and charitable events over the years."

The mayor praised Ed's commitment to the City of Quincy and Quincy's youth. "Eddie's love for the City of Quincy is unmatched. He's a community guy and he loves the city. Obviously he runs a wonderful business, but beyond that, he never forgot his roots, and he continues to invest in the city and help to provide the opportunity for young people to play."

The Koch Club for Kids was founded by Richard Koch in 1948. "After my dad and his buddies came back from WWII, they were playing softball and saw a lot of kids hanging in the park. So my dad wanted to do something for the kids," said Mayor Koch.

At the time, the only organized recreational sport was Little League Baseball and if a child didn't make the cut, they were not allowed to play on a team. However, any child that joined the Koch Club was allowed to play. Over the years, a number of different sports events grew out of the Koch Club during the 50's, 60's and 70's.

After the 1980's, the Koch Club diminished as other sports opportunities became available to the children of Quincy. The Koch Club continues to participate in the Flag Day parade and provides scholarships for high school students.

While the program was active, Keohane Funeral Home provided a laminated award of participation to every child who played in the Koch Club. At the height of the program, more than 2,000 kids would be involved in the various sports programs. Mayor Koch estimated that 30,000 to 40,000 children have been a part of the Koch Club over the years.

"They were always there," said Mayor Koch of Keohane Funeral Home. "They always stepped up."



## FREQUENTLY ASKED QUESTION

## What Do I Do with My Loved One's Cremated Remains?

inding the proper resting place for ashes of the deceased, frequently referred to as "cremains," is a personal choice which can vary depending on the wishes of the deceased and the sensibilities of the family members left behind. There is no right or wrong answer and the choices have expanded to include creative options such as incorporating cremains into jewelry or artwork.

"Cremation is becoming an increasingly popular option for many families, and there are many possibilities for the cremains these days," said Co-president John Keohane. "Families need to find what's right for them."

Approximately one-third of cremains are buried, one third are kept by a loved one, and the last third are scattered, as reported by the Cremation Association of North America (CANA). However, there are several innovative options as well, such as incorporating cremains into artwork such as a tattoo, jewelry, stained glass, sculpture, or mixing them with paint for a portrait of the loved one. Cremains can be scattered through fireworks or bullets – even launched into space.

#### Urns

Urns are available in many different shapes, sizes and materials. "The urn containing the remains is often put on display during the service," commented Dennis Keohane. They can be displayed during a memorial service and then buried, or taken home and displayed in a special place. There are smaller urns that can be used as well, so that members of the family can each have their own remembrance urn.

#### Earth Burial

Cremains can be buried in most cemeteries either in conjunction with another grave or in a separate plot dedicated just for the deceased. When this is done, many families will plan a graveside ceremony as well. Earth burial also allows a marker or headstone to be used as well. A columbarium, a building with niches for housing cremated remains, is another option at many cemeteries.

#### Jewelry

Another popular option is to purchase jewelry that is specially designed to encase your loved ones remains. A large variety of necklaces, pendants, bracelets and more is available. This is another way to easily distribute remains to more than one family member.

#### Scattering

Scattering cremains is also a common choice, but loved ones need to take into consideration both legal and personal concerns. Certain public places, such as Disneyland, have prohibitions on scattering remains on their grounds. In order to scatter cremains at sea. boats and planes must be at least three nautical miles from shore before any ashes are



Cremation jewelry provides a unique opportunity to carry your loved one's spirit with you.

dispersed. Many national parks allow scattering cremains with a permit from the park ranger. However, some people may feel inhibited about scattering remains is a public place. Scattering can also be done as part of the memorial service in a public ceremony.

#### Your Funeral Director Can Help

We recommend that you talk with your funeral director to learn about the various choices in order to make an informed decision. For instance, your funeral director may know of local captains and/or pilots who offer professional scattering services in your area.

If you have any additional questions about cremains or would like to make an appointment to meet with one of our experienced funeral directors, please contact our office and we will be happy to set up a convenient time to meet with you. In Quincy, call 617-773-3551. In Weymouth, call 781-335-0045. In Hingham, call 781-749-0310.